

— **ADDITIONAL SEMINAR** —
INFORMATION

- Registrations postmarked after **April 2nd, 2018**, will be assessed a **\$30.00** late fee, due upon receipt of your registration.
- MN SWAP is unable to invoice organizations, accept credit cards or other forms of electronic payment.
- This seminar has been submitted to NC-CAP for 5 activity professional continuing education clock hours.
- This seminar has also been submitted to the University of Tennessee for professional development college credits (see additional info on these CEU's in this brochure)
- Handouts for this seminar can be obtained at www.mnswap.org after April 1st, 2018. Handouts will **NOT** be available at the seminar
- Cancellations must be made by Thursday April 5th to receive a partial refund of \$60.00. Submit your cancellation by email or postal mail for verification.
- For more information about MN SWAP, check out our website at mnswap.org

**Send your
Check and Registration to:**

Minnesota Statewide Activity Professionals Inc
(MN SWAP)
7455 France Ave. South #514
Edina, MN 55435-4702

(Checks can be made out to MN SWAP or the full name as stated above)

Minnesota Statewide Activity
Professionals Inc (MN SWAP)
7455 France Ave. South #514
Edina, MN 55435-47024



**MN SWAP
2018 Spring Seminar**

*Registration Deadline
April 2, 2018*

(Late fee applies after that date)

PRSRT
First Class Mail
US Postage
PAID
Twin Cities MN
Permit No. 4665



**MN SWAP
2018 Spring Seminar**
Friday April 13, 2018
Holiday Inn St. Cloud

Schedule of Events

- 8:15–9:00 a.m.** Registration & Refreshments
9:00–10:00 a.m. Spirit of Place
10:00–10:20 a.m. Networking Break
10:20–12:20 p.m. Activity Salad Bowl Serving All
12:20-1:15 p.m. Lunch
1:15-3:15 p.m. Move IT!

*Presented by Nancy Richards
Activity Educator*

*This seminar qualifies for
5 continuing education credits*

**Seminar questions can be directed to
Pamela Hayle at 612-238-5414 or
plhayle@augustanacare.org**

*Additional seminar brochures may be
downloaded from www.mnswap.org*

— REGISTRATION —

*Please use 1 form per participant.
Make copies as needed
Please print or type all information.*

Name: _____

Address: _____

City: _____

State/Zip: _____

Facility: _____

Facility Address: _____

City: _____

State/Zip: _____

Facility Phone: _____

Preferred email: _____

Enter Fee Here:

1. Seminar fee \$125.00 _____

2. Please enclose a
mandatory late fee of \$30.00 _____
\$30.00 per person if
postmarked after April 2, 2018

Total Submitted: _____

Limited on-site registration will be available for a fee of \$160.00 – Call Pam Hayle at 612-238-5414 to confirm space for on-site registrations

REMEMBER

Membership no longer requires a separate fee. The \$125.00 fee applies to all participants who register before April 2, 2018.

SPEAKER & SESSIONS

SPEAKER: NANCY RICHARDS

Nancy is the founder, CEO and possibility leader of Activity Pathways, LLC. An eldercare education company on a quest to inspire care partners, who seek to understand the dimensions of aging while busting a few myths along the way.

Nancy is an Activity Director Certified with specializations in Education and Memory Care, national speaker, workshop designer, Certified Dementia Practitioner and also an approved instructor of the Modular Education Program for Activity Professionals (MEPAP)

MORNING SESSIONS:

Spirit of Place

In this session, SPACE, and how it is used, is important to our health and wellbeing. Studies show that people are less depressed after going for a walk outside, blood pressure rates lower after viewing forest landscapes, and rates of healing are increased when facing a window versus a wall. Explore how to maximize the space in your environment and create your own health “spirit of place.”

Activity Salad Bowl ~ Serving All

The populations considered long term care/ senior living continue to change and evolve. Activity Professionals must be ready to serve all. This session will address the unique identities, emotional needs, strengths and interests of Boomer’s, folks living with mental health conditions, MS, PTSD and under 40 populations. Generational components set the base for exploring how to connect, assess and deliver meaningful, person appropriate activities to a wide range of clients.

AFTERNOON SESSION:

Move IT! Games for Muscles & Memories

Muscles and memory were made to move. Specific, intentional movement can heal, maintain or strengthen an individual. Games stimulate the brain, mobilize problem solving, reasoning, com-

munication, social manners, and affirm individuals or aid in group cohesion. Come and explore the power of movement, simple ways to adapt activities and the benefits of play in Long Term Living!

This session is designed to be an experiential learning that guides you through unique ways to move the body and brain so that you can understand from the resident perspective the required sensory, physical, social and cognitive skills needed for engagement in physical activities. Ideas are budget friendly many are portable and adaptive for various client strengths and needs.

ACCOMMODATIONS/DIRECTIONS

Overnight Accommodations: A small block of guest rooms has been reserved for the evening of Thursday April 12th. Please call the Holiday Inn directly to make reservations at 320-253-9000 and ask for the MN SWAP rate. The standard double room price is \$91.00 plus tax. These rooms will be held until March 15, 2018. The rate will continue to be honored on an as available basis after that date.

Directions: The Holiday Inn, St. Cloud is located at the intersection of highway 15 and 23 just off of Interstate 94. It is easily accessible from all directions. The address is 75 South 37th Ave., PO Box 1104, St. Cloud, MN 56302

CONTINUING EDUCATION INFORMATION

General Certificates of Participation that have been pre-approved by NCCAP will be awarded to all participants at the end of the seminar day.

Professional Development college continuing education credits from the University of Tennessee will also be made available for CTRS’s and other aging professionals seeking additional methods of approved education credits. There is a \$25.00 transcript fee to be paid at the seminar to apply for these additional credits.